

# All registration & payment Online Sept 1st-Oct 17th!

Visit: <http://www.mswclub.org/club/clubregistration.html> to get started.

## MILLARD SOUTH WRESTLING CLUB

Boys & Girls K—12th Grade

15701 R Plaza #255, Omaha, Nebraska 68135



**\$100—Novice wrestling**

(2 yrs or less experience)

**\$110—Competitive wrestling**

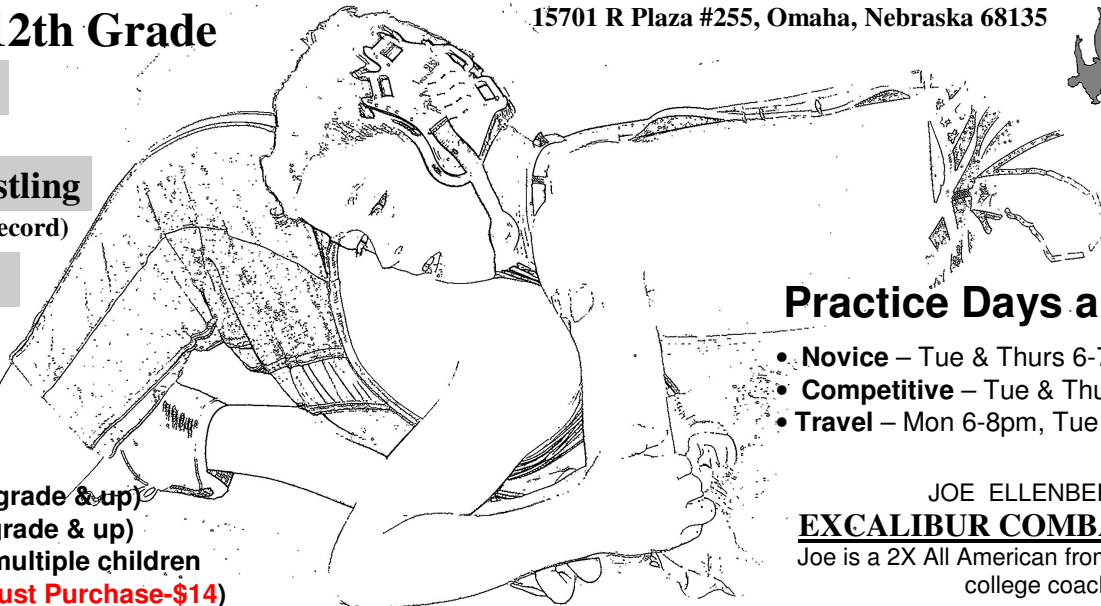
(3—4 yrs exp. & .500 or better record)

**\$125—Travel wrestling**

(4+ yrs exp., .600 or better)

Includes:

- Club T-shirt
- Singlet Usage
- 5 Free tournaments
- Huskerland Duals (3rd grade & up)
- Huskerland State (3rd grade & up)
- Discount available for multiple children
- AAU Insurance card (**Must Purchase-\$14**)



### Practice Days and Times:

- **Novice** – Tue & Thurs 6-7pm
- **Competitive** – Tue & Thurs 7-8:30pm
- **Travel** – Mon 6-8pm, Tue & Thurs 7-8:30pm

JOE ELLENBERGER'S

### EXCALIBUR COMBAT ACADEMY

Joe is a 2X All American from UNK & has been a college coach as well.

**The Mission:** of the Millard South Wrestling Club is to provide an atmosphere that fosters the art of wrestling & positive sportsmanship, & is provided to kids from K-12, at any talent level & with intentions of attending Millard South High School

### Important Dates

**Parent Orientation:** Thursday, November 3, 2011  
@ 7:00pm Millard South High, In the Lecture Hall  
(south end of bldg)

**First Travel & Comp Practice:** Tuesday Nov 8  
**First Novice Practice:** Tuesday Nov 15

**Late Registration after Oct 18, Add \$25**  
Registration limited to first 100 wrestlers

### Advantages of Millard South Wrestling Club:

- Coaches are leaders in Nebraska & on the National level
- Coaches are First-Aid/CPR certified
- All coaches have an "annual background check"
- Youth & facilities are insured nationally
- Our club wrestlers go on to become State & College Champions
- Huskerland State Duals & State Tournament participation (paid by club)
- All three disciplines for one price (Folk Style, Freestyle & Greco)



**EXCALIBUR COMBAT ACADEMY— FREE to MSWC Travel wrestlers**  
**Free post season coaching for those that wrestle April-June!**

For more information contact Kris Vacha at 402-201-4040 or [mswrestlingclub@gmail.com](mailto:mswrestlingclub@gmail.com) or visit our website at [www.mswclub.org](http://www.mswclub.org)