

## Norfolk Invite

Weight	Name	Record	Place
135	Justin Heatherington	3-0	1 <sup>st</sup>
135	Dillon Duermeyer	1-2	DNP
140	Paul Ivey	2-1	3 <sup>rd</sup>
145	Chase Sears	2-1	3 <sup>rd</sup>
152	Branden Adams	3-0	1 <sup>st</sup>
171	Roman Pagnano	1-2	DNP
215	John Murillo	1-1	2 <sup>nd</sup>

The freshman wrestling team opened up the season by traveling to the Norfolk Freshman Wrestling Invite on Saturday, December 5, 2009. The team was quite successful for it being their first competition of the year, and for some their first competition ever. The team medaled five out of the seven wrestlers, two of them being gold. Out of the 20 matches we won 13 and pinned 7 times.

Our standout wrestler of the day came out of the 152lb weight class. Branden Adams finished first overall in his weight class, but that's not all. He did it in style, pinning all three of his foes in the first period under a minute. With this type of performance there was no doubt he earned wrestler of the week. Justin Heatherington was our other champion of the day he recorded two pins himself, and showed lots of potential for this upcoming season. Other names to mention, Chase Sears and Paul Ivey had impressive wins, and both fell one match short of winning their weight classes. The two went on to finish 2<sup>nd</sup>, and showed plenty of potential for their upcoming wrestling careers.

To sum things up the tournament went well, but there are certainly issues to be dealt with on the mat. I believe certain individuals on this freshman team have the potential to be successful at the varsity level later on in their careers. The freshman host the Millard South Quad this upcoming Monday and travel to Creighton Prep on Saturday to round out the week.

**Wrestler of the Week:** Branden Adams